



Whole School Curriculum Breadth Map for PSHE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Core Theme 2: Relationships	Core Theme 1: Health and Wellbeing	Core Theme 3: Living in the Wider World			
3	TEAM (together everyone achieves more) This topic teaches children about the importance of working together and that it is also about give and take.	It's My Body This topic teaches children about the good choices they can make which affect their body.	Britain This topic teaches children about diversity and democracy.	Be Yourself This topic teaches children about having confidence- both in the decisions they make, and also in their own strengths and capabilities.	Aiming High This topic teaches children about their achievements and also what they hope to achieve.	Think Positive This topic teaches children about feelings and their mental health.
4	VIP (Very important persons) This topic teaches children about relationships between others and ourselves.	Safety First This topic teaches children about keeping safe and the risks involved with dangerous substances as well as the risks online.	One World This topic teaches children that wherever they live, experiences may be different, but that doesn't change the fact that everyone should be treated equally.	Digital Wellbeing This topic teaches children about keeping safe and the risks both emotionally and mentally with being online.	Money Matters This topic teaches children all about money.	Think Positive This topic teaches children about their thoughts and emotions and the choices they can make to support both of these.
5	TEAM (together everyone achieves more) This topic teaches children about working together and the positive qualities that make a good team.	It's My Body This topic teaches children about keeping healthy: the importance of eating well and also about getting enough sleep. Children will learn how little changes can make a big difference.	Britain This topic focuses on the fact Britain is made up of a diverse range of people and how, as an individual, we can make a positive contribution to this.	Be Yourself This topic teaches children about how they are all unique, and how choices help to form the person they become.	Aiming High This topic teaches children about them; how they learn, their achievements and their goals.	Growing Up This topic teaches children about changes in their body, and also different relationships.
6	VIP (Very important persons) This topic teaches children about relationships.	Safety First This topic teaches children about keeping safe and the risks involved with different situations and what they need to do if they feel in danger.	One World This topic teaches children about the world we live in and how we all have a responsibility to look after it.	Digital Wellbeing This topic teaches children about keeping safe and the risks both emotionally and mentally with being online.	Money Matters This topic teaches children all about money.	Growing Up This topic teaches children about how we change.



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